

# Relationship Check-in

I felt most close/connected with you this week when I observed/when I heard you say \_\_\_\_.

I felt most disconnected this week when we \_\_\_\_.

You can help reassure me by \_\_\_\_ when we're disconnected. I need to sense/feel \_\_\_\_.

Something that still feels unfinished/unclear/in need of repair is\_\_\_\_.



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